School of Physiotherapy and Paramedical Sciences

LPU Nest Syllabus for Ph.D in Physiotherapy

1. Basic Medical Science

- · Organization and regulation of motor system
- · Control system of body (Motor, Sensory and Autonomic)

2. Exercise Physiology

- · Energetics of Exercise
- · Physiological Response to Exercise
- · Exercise in general and diseased population

3. Therapeutics

- · Principles, methods and advance in exercise therapy
- · Methods and role of Biomechanics and kinesiology in Physiotherapy
- · Principles of Manual Therapy and its application
- · Clinical Decision Making

4. Evaluation and Management

Principles and methods of examination of Musculoskeletal, sports, Nervous, Cardiovascular and Respiratory) systems

5. Evidence Based Practice

- · Steps of EBP care
- · Critical appraisal process
- · Evidence based model

6. Fundamentals of Research, and Software

- Application of interface of the MS-Word, Excel, PowerPoint, and presentation skills.
- · Fundamentals of Research methodology.
- · Descriptive and inferential data analysis
- · Statistical Analysis Software (SPSS software), Plagiarism software, and Reference Management System.