LOVELY PROFESSIONAL UNIVERSITY

Transforming Education Transforming India

NAAC GRADE A++

3rd INTERNATIONAL CONFERENCE ON

GOOD HEALTH & WELLBEING

THROUGH PHYSICAL EDUCATION & SPORTS

30th November 2026

Organized by: School of Physical Education, Lovely Professional University, Punjab

ThinkBIG

LOVELY PROFESSIONAL UNIVERSITY

Lovely Professional University (LPU) is a multi-faculty research-oriented institution with hi-tech campus offering more than 200 professional programmes. LPU campus is a complete world in itself having students from all states of India and more than 40+ countries of the world. LPU is a world class institution with internationally benchmarked curricula, innovative pedagogy focused on experiential learning, cutting edge research, 450+ foreign tie-ups, well qualified faculty with industry exposure, outstanding sports & cultural facilities, excellent residential facilities, In-campus shopping mall, hospital, banks, postal services etc. The University is ranked high on various parameters by Government Bodies and other credible organisations. LPU receives Highest Grade A++ with 3.68 score on 4 Point Scale by NAAC (National Assessment & Accreditation Council), an Autonomous Institution of the University Grants Commission (UGC), Ministry of Education, Govt. of India. The Times Higher Education World University Rankings 2025 has ranked LPU amongst Top 10 Universities in India Including all Government (even IITs & NITs), & Private Institutions, and many more.



ABOUT CONFERENCE

School of Physical Education, under the aegis of Lovely Professional University, going to organize "3rd International Conference on Good Health and Wellbeing through Physical Education and Sports". The Conference will be held on 30th November 2026 with the aim to provide a platform to the scientists, researchers, academicians, industrialists, and students to assimilate the knowledge and get the opportunity to discuss, share insights through deep-dive research findings on the recent advancement and developments in the field of Physical Education, Sports Sciences. All technical sessions will largely be on Scientific Sports Performance, Mental Health, Technology in sports, Inclusive sports, Wellness and Lifestyle Management.

OBJECTIVES OF THE CONFERENCE

- To provide a platform to facilitate the scientists, researchers, academicians, industrialists, and students to exchange their knowledge, ideas and innovations.
- Recent advancements and challenges in the Physical Education, Sports Sciences, approaches uplifting sports performance.
- To enable the delegates to establish research or business relations as well as to find international linkage for future collaborations



THRUST AREAS

SPORTS BIOMECHANICS AND KINESIOLOGY IN SPORTS PERFORMANCE

1. Sports Training and Exercise Rehabilitation in Sports Performance
2. Impact of Physiotherapy and injury management in sports
3. Role of alternative medicine in sports
4. Sports Performance through exercise physiology

PSYCHOLOGICAL DEMANDS OF SPORTING PERFORMANCE

1. Sports Psychology
2. Behavioural Psychology in sports
3. Cognitive Psychology in sports
4. Biopsychology in sports

TECHNOLOGY IN SPORTS

1. Novel trends in Physiotherapy and Sports Technology
2. Sports Performance analytics with technology
3. Impact of Artificial Intelligence in Sports

INCLUSIVE SPORTS, WELLNESS AND LIFESTYLE MANAGEMENT

1. Yoga
2. Sports Nutrition and Diet Management
3. Sports Physical Education in non-communicable disorder management

EXPECTED OUTCOMES

- Sharing of innovative ideas, research findings, and best practices.
- Promotion of interdisciplinary and evidence-based research.
- Improved approaches to sports performance, mental health, and wellbeing.
- Promotion of technology-driven and inclusive sports practices.
- Development of national and international research, academic, and industry partnerships.

SCHEDULED DATES (FROM AND TO)

Paper Submission	10th – 20th November 2026
Paper Acceptance / Abstract Submission	1st -10th November 2026
Camera Ready Submission	28th November 2026
Registration	16th October – 10th November 2026
Conference Date	30th November 2026

Registration Link :
https://forms.gle/ZDTCGTrxgoF8Bimj6

Scan to Register

Scan QR Payment

PUBLICATION

Selected papers will be published in Scopus-indexed journal (subject to acceptance by the journal)/Conference Proceedings/Books. Papers will be shortlisted by a blind review process and submitted to the journal for publication. Papers submitted after the last date will not be considered for publication.

Note 1: Last dates for submission to journals/conference proceedings/Books will be as per journals guidelines

Note 2: Scopus publication fee is not included and will be charged separately.

SUBMISSION GUIDELINES

- The manuscript should be in 2000-3000 words (excluding references).
- Abstract should not exceed 300 words.
- Manuscript should be in Times New Roman, font size 12, Spacing 1.5, in MS Word, paper size A4, Top and Bottom margin 1" and left and right margin 1.5"
- APA 6th edition reference style should be used for writing references (Paper without references will not be accepted).

Abstract Submission: icghwpinternational@gmail.com

TARGET AUDIENCE (EXPECTED TOTAL NUMBER OF PARTICIPANTS AND FEES)

	Target Audience Fee (Offline)	Target Audience Fee (Online)
Academic Institutions	2000 INR	1500 INR
Industry	1500 INR	1000 INR
International Participants	50 USD	30 USD
Research Scholars	1500 INR	1000 INR
Student	700 INR	700 INR
LPU Faculty	1000 INR	

EXTERNAL RESOURCE PERSON



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