GUIDELINES & PROCESS FOR LPUPET-2018
(PHYSICAL EFFICIENCY TEST)

1. GENERAL INFORMATION
   - LPUPET-2018 is an eligibility test for admission to -
     - B.Sc. (Health and Physical Education)
     - B.Sc. (Health and Physical Education) [Lateral Entry]
     - Bachelor of Physical Education and Sports (BPES)
     - B.P.Ed.
     - M.P.Ed.
   - For Eligibility criteria, refer Part B of Prospectus 2018

2. SCHEDULE

<table>
<thead>
<tr>
<th>Test Applicable</th>
<th>Last date of submission of Pre-Application Supplement</th>
<th>Date of Test</th>
<th>Display of result/Merit List</th>
<th>Last Date of submission of Application Form for Admission &amp; Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>LPUPET-2018 (Physical Efficiency Test)</td>
<td>Schedule I: 2 May 2018</td>
<td>Schedule I: 4 May 2018</td>
<td>Schedule I: 7 May 2018</td>
<td>As per schedule of admission for Regular Programmes, 2018</td>
</tr>
<tr>
<td></td>
<td>Schedule II: 19 May 2018</td>
<td>Schedule II: 21 May 2018</td>
<td>Schedule II: 24 May 2018</td>
<td>As per schedule of admission for Regular Programmes, 2018</td>
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<tr>
<td></td>
<td>Schedule III: 19 June 2018</td>
<td>Schedule III: 20 June 2018</td>
<td>Schedule III: 23 June 2018</td>
<td>As per schedule of admission for Regular Programmes, 2018</td>
</tr>
<tr>
<td></td>
<td>Schedule IV: 9 July 2018</td>
<td>Schedule IV: 10 July 2018</td>
<td>Schedule IV: 12 July 2018</td>
<td>As per schedule of admission for Regular Programmes, 2018</td>
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<tr>
<td></td>
<td>Schedule V: 25 July 2018</td>
<td>Schedule V: 26 July 2018</td>
<td>Schedule V: 28 July 2018</td>
<td>As per schedule of admission for Regular Programmes, 2018</td>
</tr>
</tbody>
</table>

Note:
(a) Schedule/Date(s) may be changed by the University, as and if required.
(b) Applicant can select any one schedule for appearing in LPUPET-2018.
(c) Applicant can avail at the most two chances to clear LPUPET-2018.

3. STRUCTURE OF PHYSICAL EFFICIENCY TEST
   (i) The Physical Efficiency Test will include the following:
     - 50 meters sprint
     - Standing Broad Jump
     - Over head back throw {Medicine ball Men (3 Kg.) & Women (2 Kg.)}
     - 1000 meters run/walk.
   (ii) Applicant must bring their own sports kit for appearing in Physical efficiency test, without which he/she will not be eligible for the test.

4. HOW TO APPLY
   "Application form for LPUPET - 2018" is available online & offline (LPUNEST Kit- 2018). Cost of LPUPET -2018 (Application Fee) is ₹700. Application fee once paid will not be refunded.
   Applicant may obtain LPUNEST-2018 Kit from University Campus/ Camp Offices or any other prescribed place by paying cash.
   Once the applicant has obtained the Application Form for LPUPET - 2018, the applicant need to:
   a. Fill the full application form after reading all the instructions as specified in “Instructions for filling Application Form”.
   b. Paste a recent passport size colour photograph in the provided space on the form.
c. Filled application form, specifying “Pre-application Supplement for LPUPET-2018” and “Programme Applied” for i.e. B.Sc. (Health and Physical Education), B.Sc. (Health and Physical Education) [Lateral Entry], Bachelor of Physical Education and Sports (BPES), B.P.Ed., M.P.Ed.”, as applicable on the backside of the sealed envelope, is required to be submitted
  - In person, either at the Admission Office at the University Campus, Phagwara (Punjab) or at the designated camp offices of the University or at such other places as specified by the University;
  - Or by Registered Post/ Courier in good quality envelope to the address below:
    Division of Admissions
    Lovely Professional University
    Jalandhar-Delhi G.T. Road,
    Phagwara, Punjab - 144411

IMP: The University will not be responsible for any loss or postal delay and no correspondence/inquiry will be entertained in this regard.

5. HALL TICKET

Hall Ticket will be generated 48 hours after the receipt of the application form at the university campus. Hall Ticket will be sent to the applicant on his/her registered e-mail ID. Hall Ticket/ Appointment Letter/ Admit Card can be obtained from the university campus at the time of reporting for appearing in Physical Efficiency Test.

6. RESULT

Result will be prepared on the basis of performance in Physical Efficiency Test and it will be displayed on the University website (www.ipu.in).

7. INSTRUCTIONS FOR FILLING APPLICATION FORM

Item-1- Registration Number
Fill registration number in the Application form, in case the applicant has already taken provisional admission in the university.

Item-2- Details of Qualifying Examination
Tick the appropriate box to indicate whether you have passed or are appearing. Depending on the programme you are applying for, give the details of examination. Fill Month and Year of Passing/Appearing in the exam. Write the percentage of marks scored in the qualifying exam, if already passed.

Item-3- Complete Contact Details of the Applicant
Write your complete contact details in capital letters. The address must include your father's name, and all other details including the correct pin code, for letters to reach you. Indicate your phone no. with the correct STD code, Mobile Number& email ID. Please note that this block will be machine-scanned and therefore the details should be written within the provided rectangular box. This address will be used on your e-Hall Ticket.

Item-4- Date of Birth
Write the day, month and year of your birth as per the English calendar and as recorded in your School Board/+2/ Intermediate/ Pre-University examination certificate. Use numerals 01 to 31 for DATE, numerals 01 to 12 for MONTH, and the last four digits for the YEAR of birth. For example, if born on 7th January 1995, the date should be entered as follows: 07/01/1995.

Item-5- Gender
Tick the appropriate box depending upon your gender.

Item-6- Category
Tick the appropriate box specified in this item, if the category belong to is not specified here, then write in the text area provided. (For statistical purpose only).

Item-7- Specialized Game
Write the name of the game in which you have specialization.

Item-8- Award/ Achievement
Write your highest award/ achievement.

Item-9- Preferred Schedule
Four options of schedule are to be given in order of your preference.

Item-10- Programme applying for
Indicate the programme you are applying for by ticking the corresponding box.

Item-11- Declaration
The applicant must sign the declaration and fill in the place and date. Applications without signatures will be treated as incomplete and rejected.

Photograph
Affix one recent (taken not earlier than a month) good quality colour photograph with light background in the space provided for this purpose.